



## First Adjustment

### Breastfeeding Trouble

Little Eisley got her first adjustment at Higher Health at just two days old. She was experiencing **trouble breastfeeding** as she did not want to turn her head to the side. After being assessed, the doctor found a left atlas misalignment that was affecting Eisley's ability to turn her head. After receiving an adjustment, her atlas went back into place. Since then, **Eisley has not had any issues with breastfeeding, sleeping, or fussiness!** Eisley's mom, Rachel, also describes how chiropractic care helped her during pregnancy and the birthing process. She states, "Seeing Dr. Erik during pregnancy helped my spine to be aligned for an easy and quick birthing experience for both Eisley and I. She was born at home, and we had absolutely no problems during birth! I feel that chiropractic definitely helped with that experience." Both Eisley and her parents continue to get adjusted to keep their spines in line and promote optimal health!

"The doctors at HHC genuinely love all the babies that come into the office and are passionate about making sure they are off to a great start!"

HigherHealth  
*chiropractic*

1027 Gezon Parkway, Southwest  
Wyoming, Michigan 40509

Phone: (616) 301-8300  
GetHigherHealth.com